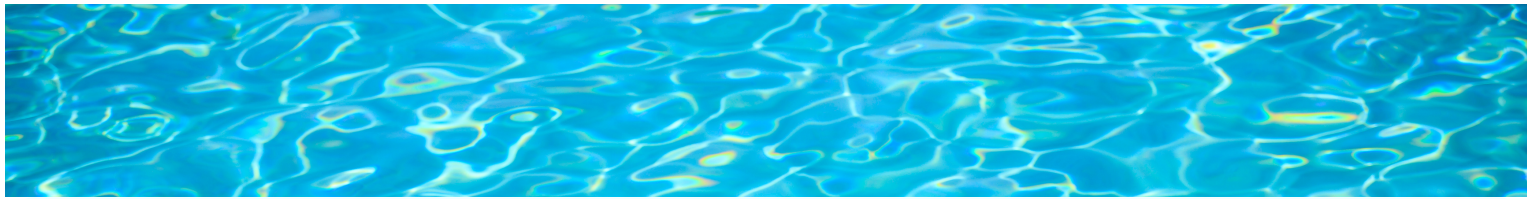


Waving as a “Writing Up” Activity

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Waving is part of everyday life. It is a means of saying hello & goodbye from a distance. It signals to the other I see you and at the same time, want to be seen. But are we aware of how we wave and what makes our wave unique? Do we wave in different ways depending on the context or person we are waving to?

Let's do a motion-sensing inquiry with the intention of 'writing up' a waving experience.

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Waving InterActivity Instructions

Orienting to your Wave:

- Choose a day to try out your wave in different circumstances and notice what happens. Is your wave reciprocated, if so, how? Does your wave change depending on the person or context?
- Ask a family member or close friend to describe and show you how you wave to them.

Take a moment to ‘write up’ one particular waving moment with the assistance of the Function2Flow prompts below.



Interdisciplinary Function2Flow Prompts

InterActive Function

Actions

Was your wave outstretched or close to your body? What parts of your body were involved—Hand? Fingers? Torso? Shoulders? Head? Toes?

InterActive Form

Shapes

What movement shapes, pathways and directions emerged? Did it fold, shimmy or turn?

InterActive Feeling

Sensations

Was your wave small or big in amplitude? Was it slow or quick? Was it smooth or jerky?

InterActive Flow

Connections

Did you feel a moment of connection in the waving movement?
What was being communicated?