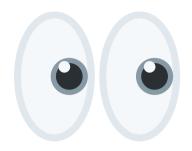
#### Guess the Leader

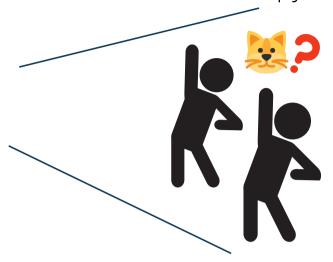


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Observer/ Detective

Leader & Copycat(s)









Get into a small group. One person becomes the detective and turns away. A leader is secretly nominated. The detective is invited to face the group and has 3 chances to guess the leader. The game continues with new leaders/detectives.

### Guess the Leader



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# Physical Literacy Targets



## Movement Confidence & Competence

Build confidence and competence in a variety of movement patterns with different body parts while maintaining a synchronous connection.



Social Emotional Learning
Develop self-awareness,
empathy, and communication
through movement.





### **Relational Motivation**

Build healthy relationships through developing visual and kinaesthetic connections. Progress from echoing to moving in unison.

It's not enough to simply attend to another person; in this game you have to walk, talk, and be like the other person. Can you guess the leader?

# Guess the Leader FUNCTION 2 FLOW. CA



#### Modifications to the Game

- Time: Increase/ decrease the time that the detective is turned away from the group to modify practice time. Increase/ decrease the number of times the detective gets to guess the leader.
- Size/ Use of manipulative: The skill could be sportsspecific. A manipulative could be used by each player or shared between players to perform a mirrored individual skill or a combined team skill.
- Locomotor movement: The leader can choose to perform movement with a locomotion or in a new plane (i.e., sideways, diagonal, down low, turning, etc.).
- Speed of locomotion: The leader should consider whether performing the skill/ locomotion fast or slowly is strategic for concealing their identity.



#### Guess the Leader



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#### InterActive Function2Flow Assessment

# InterActive Function

(Connecting Postures)

#### InterActive Form

(Connecting Positions)

# InterActive Feeling

(Connecting Sensations of Timing & Force)

#### InterActive Flow

(Connecting Energies)

Are the leaders/copycats able to align their posture with each other?

Are the leaders/copycats able to adjust their relative positions, i.e., lean/turn/twist their body (shoulders, waist, hips, hands) in relation to each other?

Are the leaders/copycats able to get a feeling for the timing and force required to copy each other?

Are the leaders/copycats able to sustain synchronous movement so that they can move in unison?

